



Call for Part-Time Job Information  
Ceres Kitchen  
(847) 637-1007



# May 2012

Check your student's account balance or pay online at [www.mymealtime.com](http://www.mymealtime.com)  
questions call 847.593.4341

## District 59 / Ceres Food Group JUNIOR HIGH Lunch Menu



2011-2012 Meal Pricing:  
Complete Paid Lunch \$2.15  
Reduced Lunch \$0.40\*  
\*(if qualified)  
Milk \$0.30

Daily Optional Entrée Choices:

- Tyson Chicken Sandwich
- Deli Meat Submarine Sandwich (Bologna, Salami and Cheese) *NOT AVAILABLE MONDAYS*
- Power Pack (Cheese, Crackers and Juice)
- Cereal with a Milk

Offering:

1% White Milk  
And  
Skim Chocolate  
Available Daily  
Milk Provided By Ceres Contains No Growth Hormones Or Antibiotics



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>1</b> Cheeseburger Veggie Burger  Steamed Carrots Mozzarella Cheese Stick Quaker Snack Mix Oatmeal Cookie	<b>2</b> Sliced Turkey Breast PBJ Sandwich  Mashed Potatoes & Gravy Whole Wheat Berry Loaf Juicy Juice Whole Wheat Dinner Roll	<b>3</b> BBQ Rib Sandwich Bean & Cheese Burrito  Sweet Corn Juicy Juice Mandarin Oranges Sugar Cookie	<b>4</b> Turkey Burger w/Cheese Whole Grain Cheese Pizza  Pasta Salad Applesauce Keebler Animal Crackers Gogurt	
	<b>7</b> Beef Taco Salad Soft Shell Beef Taco Bean & Cheese Burrito  Shredded Lettuce & Cheese Sliced Pears Goldfish Graham Cracker Baked Doritos	<b>8</b> Turkey Hot Dog on a Bun Egg & Cheese Burrito  Potato Smiles Vanilla Pudding Pineapple Tidbits	<b>9</b> Hot Turkey Ham & Cheese PBJ Sandwich  Seasoned Potato Wedges Fruit Cocktail Blueberry Muffin	<b>10</b> Macaroni & Cheese w/ Roll Chicken Corn Dog  Mixed Vegetables Sugar Cookie Juicy Juice Dinner Roll	<b>11</b> Spicy Chicken Sandwich Whole Grain Cheese Pizza  Tossed Salad Apricot Halves Quaker Snack Mix Power Alley Bar
	<b>14</b> Sloppy Joe Sandwich PBJ Sandwich  Corn Sliced Pears Chocolate Chip Cookie Mini Pretzels	<b>15</b> Pasta w/ Meat Sauce Pasta w/ Marinara Sauce  Whole Wheat Dinner Roll Tossed Salad Fresh Red Apple Oreo Cookie	<b>16</b> Pancakes w/ Sausage Pancakes w/Cheese Stick  Juicy Juice Applesauce Cheese Goldfish Crackers	<b>17</b> Salisbury Steak PBJ Sandwich  Mashed Potatoes & Gravy Sliced Peaches Fruit Filled Cookie Yogurt	<b>18</b> Pepperoni Stuffed Crust Pizza Cheese Pizza (BOTH WHOLE GRAIN) Baby Carrots with Ranch Tropical Fruit Salad Whole Wheat Berry Square Cereal Bar
<b>21</b> Beef Taco Salad Soft Shell Beef Taco Bean & Cheese Burrito  Shredded Lettuce & Cheese Pears Cinnamon Churro Baked Doritos	<b>22</b> Peppered Chicken Tenders PBJ Sandwich  Whole Wheat Dinner Roll Mashed Potatoes & Gravy Juicy Juice Chocolate Chip Cookie	<b>23</b> Cheeseburger Veggie Burger  Seasoned Potato Wedges Applesauce Keebler Animal Crackers	<b>24</b> Beef Ravioli Marinara Pasta  Stuffed Cheese Breadstick Tossed Salad Mandarin Oranges Fresh Apple Granola Bar	<b>25</b> Cheese Quesadilla Pizza Whole Grain Cheese Pizza  Red Bean Salad Baby Carrots Mini Pretzels Pineapple Tidbits	
<b>28</b> No School	<b>29</b> Turkey Hot Dog on a Bun Egg & Cheese Burrito  Tater Tots Apricots Juicy Juice Tiny Twist Pretzels	<b>30</b> Hot Turkey Ham & Cheese PBJ Sandwich  Orange Glazed Sweet Potatoes Fruit Cocktail Chocolate Chip Cookie Power Alley Bar	<b>31</b> Spicy Chicken Sandwich Lasagna Roll Up  Tropical Fruit Salad Fresh Apple Lemon Square Baked Beans		