



BREAKFAST MENU



October-2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2>Jump-Start Your Day With School Breakfast!</h2>				<p>October 1, 2010 Non-Fat Fruited Yogurt 100% Fruit Juice Homemade Granola Bar</p> 
<p>October 4, 2010 Honey Kix Pears Trail Mix</p> 	<p>October 5, 2010 Honey Apple Bagel Fresh Fruit Cream Cheese</p> 	<p>October 6, 2010 Baking Powder Biscuit Sausage Patty* Tater Tots 100% Fruit Juice Ketchup Strawberry Jam</p>	<p>October 7, 2010 Whole-Grain Pancakes Fresh Fruit Syrup</p> 	<p>October 8, 2010 Corn Puffs Peaches Apple Spice Bread</p>
<p>October 11, 2010 Apple Cinnamon Cheerios Fresh Fruit Homemade Granola Bar</p> <p>Columbus Day</p>	<p>October 12, 2010 French Toast Sticks Fresh Apple Carrot Bread</p> 	<p>October 13, 2010 English Muffin Scrambled Eggs Sausage Patty* 100% Fruit Juice Apple Jelly</p>	<p>October 14, 2010 Canadian Bacon with Bagelette Tater Tots Cinnamon Applesauce Whole-Grain Cherry Turnover Ketchup</p> 	<p>October 15, 2010 Bite-Size Mini Wheats 100% Fruit Juice Banana Breakfast Grain Bar</p>
<p>October 18, 2010 Warm Bagel Fresh Apple Cream Cheese</p> 	<p>October 19, 2010 Cheerios Strawberry Applesauce Banana Bread</p>	<p>October 20, 2010 Egg & Cheese on an English Muffin Tri-Taters 100% Fruit Juice Vanilla Whole-Grain Crackers Ketchup</p>	<p>October 21, 2010 Whole-Grain Pancakes Peaches Syrup</p> 	<p>October 22, 2010 Corn Puffs Fresh Fruit 100% Fruit Juice Oatmeal Breakfast Grain Bar</p>
<p>October 25, 2010 Non-Fat Fruited Yogurt 100% Fruit Juice Homemade Granola Bar</p>	<p>October 26, 2010 Honey Kix Fresh Fruit Apple Spice Bread</p>	<p>October 27, 2010 Waffles Fresh Apple Trail Mix Syrup</p> 	<p>October 28, 2010 Cinnamon Raisin Bagel 100% Fruit Juice Blueberry Fruit & Grain Bar Cream Cheese</p> 	<p>October 29, 2010 Multigrain Cheerios Cinnamon Applesauce Oatmeal Breakfast Grain Bar</p>

Meals Served with Milk

Milk Provided By Ceres Contains No Growth Hormones or Antibiotics